

# Pineapple and ginger with ghost peppers hot sauce



## Ingredient

- Pineapple (tinned) 1 Kg
- Ginger 100gm
- Ghost pepper (fermented paste)  $\frac{1}{4}$  cup
- Yellow capsicum 350gm
- Onion (diced) 100gm
- Carrot (grated) 200gm
- Turmeric 2 Tbs

- Brown sugar 1 cup
- Lime juice  $\frac{1}{2}$  Cup
- Apple cider vinegar 1  $\frac{1}{2}$  Cup
- Garlic 6 Cloves 20gm
- Salt 1 tsp
- Poppy seeds 2Tbs (optional)

Makes 2 litres

## Directions

1. Combine all ingredients in a large pot, bring to the boil, reduce heat and simmer for 30 minutes.
2. Use a stick blender to create desired texture.
3. bring back to simmer, then turn off heat. Add poppy seeds if using. leave for 20mins.
4. bottle into sterilised vessels.



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